

15 | 60 | 24 | 7: Your Combination to G.O.O.D.



Fifteen. Sixty. Twenty-four. Seven. These numbers are the time limits you can set mentally on when you need to hit the road. These numbers will save your life if you'll let them. This strategy of being prepared to "bug out" and execute an unplanned mission on the fly successfully applies to the [15/60/24/7](#) Getting Out of Dodge (G.O.O.D.) Plan.

When you adopt this plan, you will accomplish a mobile readiness mindset and be able to live completely without fear during uncertain times. *Scenario: Your neighbor's house has been on fire for ten minutes. The fire department hasn't shown up and the wind is blowing in a direction that you think might mean trouble. With an outside observer watching the fire ready to call out to you, you run into the house and figure you've got minutes before your stuff might go up in flames.*

15 Minutes: Leaving with an Immediate Threat

If you had to leave your home in fifteen minutes and set off into an uncertain future, what would you take?

Note: If you rely on public transportation, only assemble what you think you can safely carry and prioritize water and food.

If I had 15 minutes...

15 Minute Timeline - If you start with your previously completed bugout bag you save 15 minutes immediately, giving you more time to decide what else to take.

Checklist	Action

1	Stage your gear (bugout bag and/or a security kit if you have one) where it is immediately in sight or sling it over your shoulder.
2	Grab an extra pair of boots and socks, a jacket and gloves (work gloves may come in handy in an emergency)
3	Recon and 'toss' your medicine cabinet, taking things of interest. 'Toss' is cop talk which translates into conducting a rapid search.
4	Grab frozen food ('safe' proteins like beef or precooked meats, or frozen vegetables) and pack it into anything you can in order to keep the other fridge items cold. Proteins like cheeses, yogurt, and non-poultry lunchmeats are prioritized because they give more long term energy and are hard to replace.
5	Fill up water containers or take as much water as you could carry once other items are packed. Remember the guide of one gallon per day per person.
6	Grab critical paperwork such as birth certificates, social security cards, insurance documents, car titles, etc.

After Action Considerations for '15':

After you evacuate and return home, consider changing your strategy and improving your time.

Examine the items you took with you and think about what can go into your bugout bag and what would go into your car separately or in another bag.

Next, assemble your items you need the most and include them into your bugout bag / security kit if that's where they belong. If you don't put them into the bag, write down where they are and see if creating a list helps your time.

These could also be used as the foundation for your first 72 hour bag, popularly known as an 'Earthquake Kit' or 'Hurricane Kit'.

Bugging out should be considered strategic, not permanent. Creating a layup point (LUP) in advance near where you live can mitigate your risk of traveling long distance in one leap. Also consider having items staged outside of a specific area you live in, perhaps at a friend's home, a storage unit. It can be as simple as a well wrapped package stuck into a hole in the ground.

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